

Gateways Offers:

- Heartseek Gatherings*
- Flower of Life Workshops*
- Expanding Into Death*
- Shamanistic Workshops*
- Guest Lecturers/Seminars*
- Spiritual Retreats*
- Earth Based Ceremony/Ritual*
- Sound Therapy*
- Subtle Energy Work*
- Element Pledge Ceremonies*
- Natural Health Classes*
- Yoga*
- Massage*
- Aroma Therapy.*

... and more



P.O. Box 6064
Ann Arbor, MI 48106-6064

Gateways Center



**Gateways
Center
For Life Enrichment**

**Holistic Education for
The Body, Mind, and Spirit**



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for Life Enrichment**

Tel: (734) 677-8889

Gateways Center for Life Enrichment

Gateways Center is a spiritual and holistic educational organization providing an eclectic variety of avenues with which to explore the "body-mind-spirit". We welcome the seeker with:

questions rather than answers,
pathways rather than destinations,
gateways to the Self.

Gateways offers ritual and ceremony to warm the spirit; workshops and seminars to open the heart and engage the mind; and health oriented classes and services to support the body on this journey.



We are all of us angels with one wing, and can only fly embracing one another."

-Luciano de Crescenzo-

Gateways Staff

Lorna Brown: Lorna has been presenting seminars and workshops in relaxation, meditation, altered states, metaphysics, and the spiritual journey since 1972. She is also a Flower of Life Facilitator, Melchizedek priest, and teaches workshops that emphasize transformation and integration. Lorna serves as a spiritual coach and healer and creates & performs personalized ceremonies for weddings and other special occasions.

Ruby Dougherty: Ruby holds an MSW and a B.S. in Child Development. She has worked as a child and family therapist as well as a nursery school teacher and consultant, and has led women's support workshops. Having been on a spiritual path for many years, Ruby has studied meditation, yoga, and other Eastern philosophies and is currently interested in a variety of alternative healing modalities.

Gloria Marshall: Gloria holds a B.A. in English & Sociology, worked for over 30 years in the corporate environment, and has been on a spiritual path since 1987. She has a keen interest in Native American spirituality and shamanism, and has studied with several shamanic teachers. Gloria is also trained in Reiki and animal communication and has offered Medicine Wheel and Dream-Catcher Workshops, as well as intuitive readings, called Elemental Magic, A Story - Telling Ritual.



Mary Elizabeth Nyjes: Mary Elizabeth is a native of Chelsea, MI and is educated in Business and Art. She has had careers in custom framing, Real Estate, and worked with the U of M for 13 years. Mary Elizabeth holds a Master Gardener degree & has interests in astrology, jewelry making, sacred geometry, holistic healing and shamanism. She is also a member of The Sisters of the Emerald Fire and is a Flower of Life graduate.

Layla Ananda (Sheila Ritter): Layla Ananda (Sheila Ritter) is the creator of SpiritSong, a program of songs, poetry, and experiential work to assist people in finding peace and self-acceptance. Layla also creates and leads workshops, ceremonies, and rituals. She is a gifted musician and psychotherapist, with an M.A. in Clinical and Humanistic Psychology, and over twenty years' experience as a clinician, teacher and performer.

Shirley Silvey: Shirley holds a B.S. in Math and Economics and has been an office manager in the medical field for over 16 years. She has trained in Reiki, is a student of Yoga, and is a Flower of Life graduate. Shirley also participates in and facilitates ceremonial groups and has been actively pursuing the spiritual path for over 13 years.